



# University of the Philippines Diliman

Extension Program in Pampanga

## Bachelor of Arts

### Major in Applied Psychology

**146**  
units

The establishment of BA Applied Psychology curriculum (BAAP) is a response to the rapid changes taking place in society that call for sensitive application of psychological theories. The program aims to address concerns in several areas of human life and activities. Besides maintaining the strengths of a traditional liberal arts discipline, the program now emphasizes the applications of psychology in the fields of organizations, community, and education.

Its curriculum introduces courses in Industrial-Organizational Psychology, School Psychology, Community Psychology and Clinical Psychology. The overview courses expose students to the theoretical and technical principles central to the applied fields in psychology. Moreover, certain courses are designed to hone students' research skills in applied psychology.

Study Path	1 <sup>st</sup> Year	2 <sup>nd</sup> Year	3 <sup>rd</sup> Year	4 <sup>th</sup> Year
<b>General Education Courses<sup>1</sup></b>	AH (6u) MST (3u) SSP (6u) AH (3u) MST (3u) SSP (6u)	AH (3u) SSP (3u) AH (3u) MST (3u)	MST (3u)	MST (3u)
<b>Service Courses</b>	Math 11 (3u) Math 14 (3u)	Chem 16 (5u) Bio 11 (5u)	Anthro 1 (3u) Free Elec (3u)	PI 100 (3u) Philo 171 (3u)
<b>Core Courses</b>	Psych 101 (3u)	Psych 110 (5u) Psych 150 (3u) APsy 101 (3u) Psych 140 (3u) Psych 155 (3u)	Psych 115 (3u) Psych 170 (3u) Psych 180 (3u) APsy 156 (3u) Psych 108 (3u) Psych 118 (5u) APsy 181 (3u) APsy 182 (3u) Practicum (3u)	Psych 147 (3u) Psych 162 (4u) APsy 199.1 (3u) Psych 135 (3u) APsy Elec 1 (3u) APsy 199.2 (3u) APsy Elec 2 (3u)
<b>Requirement Courses</b>	PE (2u) PE (2u) NSTP (6u)	PE (2u) PE (2u)		

1<sup>st</sup> Semester

2<sup>nd</sup> Semester

Summer

1 Six (6) units of the GE Courses must satisfy the Philippine Studies requirement

Note: To graduate, all students are required to take (6) units in one of the National Service Training Program (NSTP) components. ROTC and Civic Welfare Training Service are offered in UPD.

## Core Courses

Psych 101 <b>General Psychology.</b> The empirical & conceptual foundations of psychology in its main fields. Primarily for students who desire an intensive preparation for the more advanced courses in psychology. 3u.	Psych 180 <b>Social Psychology.</b> Experimental investigation of group behavior, emotions, motivations & personality dynamics in social behavior & social learning, & perception in small groups & in cultural contexts. 3u.
Psych 108 <b>Sikolohiyang Pilipino.</b> Kabuluhan at gamit ng Sikolohiyang Pilipino bilang isang agham na may perspektibo at oryentasyong maka-Pilipino; mga batayan at pilosopiya ng mga katutubong pamamaraan ng pananaliksik. 3u.	APsy 101 <b>Introduction to Applied Psychology.</b> Theories & concepts in psychology as applied to various aspects of human living. <i>Prereq: Psych 101. 3u.</i>
Psych 110 <b>Psychological Statistics.</b> Statistical techniques in the design, analysis, & interpretation of psychological studies. <i>Prereq: Psych 101; Math 11. 5u.</i>	APsy 151 <b>Personal Growth.</b> An introduction to the concept of personal growth & the different perspectives & approaches related to nurturing oneself. <i>Prereq: Psych 101, Psych 150. 3u.</i>
Psych 115 <b>Experimental Psychology.</b> Principles of experimental inference: experimental design in behavior research. <i>Prereq: Psych 101, 110. 5u.</i>	APsy 156 <b>Introduction to Clinical Psychology.</b> Overview of major aspects of clinical psychology including its perspectives, historical background, assessment & intervention models & trends. 3u.
Psych 118 <b>Field Methods in Psychology.</b> The principles & practices of psychological research in natural environments, including systematic observation, unobtrusive measures, interviewing, & field experiments. 5u.	APsy 172 <b>Psychology Applied to Education.</b> An overview of the applications of psychological perspectives of learning & child development in school setting. <i>Prereq: APsych 101. 3u.</i>
Psych 135 <b>Perception.</b> Principles of perception in the major sense modalities: methods of investigation. 3u.	APsy 181 <b>Introduction to Community Psychology.</b> An introduction to principles, theories, trends & issues in community psychology. <i>Prereq: APsych 101; Psych 155. 3u.</i>
Psych 140 <b>Principles of Learning.</b> Basic behavioral process in terms of experimental learning theory. <i>Prereq: Psych 101. 3u.</i>	APsy 182 <b>Introduction to Industrial-Organizational Psychology.</b> Theories & principles of psychology particular to the industrial/organizational setting. <i>Prereq: Psych 180. 3u.</i>
Psych 147 <b>Cognitive Processes.</b> Overview of cognitive processes that include perception, attention, memory, language, problem solving, intelligence, creativity, reasoning, & decision making. <i>Prereq: Psych 101. 3u.</i>	APsy 183 <b>Human Resource Development.</b> Theories & applications of psychology in human resource development including training & organizational development processes. <i>Prereq: APsych 101. 3u.</i>
Psych 150 <b>Personality.</b> Systematic approaches to the understanding of personality formation & dynamics. <i>Prereq: Psych 101. 3u.</i>	APsy 184 <b>Group Psychology.</b> Psychological principles applied to group dynamics and processes such as learning, communication, group formation and development processes. <i>Prereq: APsych 101, Psych 180. 3u.</i>
Psych 155 <b>Abnormal Behavior.</b> Major schools of thought on the nature, origins & treatment of abnormal behavior. <i>Prereq: Psych 140, 150. 3u.</i>	APsy 199.1 <b>Research in Applied Psychology I.</b> Supervised discussion of research methods, instrumentation, & designing of a research proposal in applied psychology. <i>Prereq: SS. 3u.</i>
Psych 162 <b>Psychological Measurement.</b> Theories & methods in the development, evaluation, & utilization of psychological tests & measures. <i>Prereq: Psych 115, 118. 4u.</i>	APsy 199.2 <b>Research in Applied Psychology II.</b> Supervised data collection, analysis, interpretation, & reporting of findings of an applied research. <i>Prereq: SS. 3u.</i>
Psych 170 <b>Human Development.</b> A general introduction to the area of human development focusing on the physical, social, emotional, moral, & cognitive developmental changes happening in a human person throughout the lifespan. <i>Prereq: Psych 101. 3u.</i>	<b>Practicum.</b> Practical applications of psychological theories in the hospital or school setting as hospital volunteers or aides to guidance counselors, teachers, psychologists, & psychiatrists. <i>Prereq: SS/COI. 3u.</i>

## GE Courses

AK 10 <b>Mekeni Abe: Pangkahatang Sarbey ng Kulturang Kapampangan.</b> Isang pangkahatang pagtingin sa kultura ng rehiyon ng Pampanga kaugnay ang kasaysayan, panitikan, sining at sosyolohiya na nakapaloob dito. <i>3u. AH.</i>	Hum 2 <b>Art, Man, &amp; Society.</b> A study of visual arts & music as products of the creative imagination in dynamic interaction with society. <i>Prereq: Comm 2. 3u. AH.</i>
Bio 1 <b>Contemporary Topics in Biology.</b> Recent developments in biology pertinent to concerns about the nature of life, health & related social issues. <i>3u. MST.</i>	Math 1 <b>Fundamental Concepts &amp; Applications of Mathematics.</b> <i>3u. MST.</i>
Comm 1 <b>Communication Skills.</b> The development of advanced communicative competence in English, with emphasis on effective reading, writing, & listening skills. <i>3u. AH.</i>	Math 2 <b>Practical Mathematics.</b> Basic mathematics skills & applications in everyday life. <i>3u. MST.</i>
Comm 2 <b>Communication Skills.</b> The development of more advanced language skills in critical thinking & effective reading & writing. <i>Prereq: Comm 1. 3u. AH.</i>	Nat Sci 1 <b>Foundations of Natural Science I.</b> Fundamental concepts, principles & theories of physics & chemistry. <i>3u. MST.</i>
Comm 3 <b>Speech Communication.</b> The development of communicative competence in listening & speaking in various communication situations. <i>3u. AH.</i>	Nat Sci 2 <b>Foundations of Natural Science II.</b> Fundamental concepts, principles & theories of earth & life sciences. <i>3u. MST.</i>
Econ 11 <b>Markets &amp; the State.</b> Essential economic concepts & their use in analyzing real-world issues. <i>3u. SSP.</i>	STS <b>Science, Technology &amp; Society.</b> The analysis from historical & futuristic perspectives of the nature & role of science & technology in society & of the socio-cultural & politico-economic factors affecting their development with emphasis on Philippine setting. <i>Prereq: SS. 3u. MST.</i>
Eng 1 <b>Basic College English.</b> Basic grammar, usage & composition skill in English. <i>3u. AH.</i>	
Kas 1 <b>Kasaysayan ng Pilipinas.</b> The political, economic, social & cultural development of the Philippines. <i>3u. SSP.</i>	Soc Sci 1 <b>Foundations of Behavioral Sciences.</b> A survey of basic concepts, principles, theories & methods of the behavioral sciences (Sociology, Psychology, Anthropology, Political Science, Economics, including Linguistics, Demography & Geography) & the dynamics of social change. <i>3u. SSP.</i>
Kas 2 <b>Ang Asya at ang Daigdig.</b> A study of Asian cultural heritage in relation to world civilization. <i>3u. SSP.</i>	
Hum 1 <b>Literature, Man &amp; Society.</b> A study of various literary genres as the imaginative expression of the individual writer's experience & the society's values & ideals. <i>Prereq: Comm 2. 3u. AH.</i>	Soc Sci 2 <b>Social, Economic &amp; Political Thought.</b> A survey of social, economic, & political thought from the classical to contemporary times. <i>3u. SSP.</i>
	PI 100 <b>The Life &amp; Works of Jose Rizal.</b> The significance of the life & writings of Rizal in the life of the Filipino people. <i>Prereq: SS. 3u. SSP.</i>

## Service Courses

Anthro 1 <b>General Anthropology.</b> Physical origin of man, his evolutionary development, nature of culture, & structure of social behavior. <i>3u.</i>	Math 101 <b>Elementary Statistics.</b> Presentation of data, frequency distribution; central tendencies; index numbers; dispersion; normal curve; Poisson curve; correlations; sampling distribution; elements of statistical inference. <i>Prereq: Math 11/17. 3u.</i>
Bio 11 <b>Fundamentals of Biology I.</b> The fundamentals of biology from the molecular & cellular levels up to organ systems, except the reproductive system. <i>Prereq: Chem 16 or equivalent. 5u.</i>	Philo 160 <b>Philosophy of Science.</b> Nature of scientific inquiry; problems of demarcation, explanation, prediction, concepts formation & validation. <i>Prereq: COL, SS. 3u.</i>
Chem 16 <b>General Chemistry I.</b> Fundamentals of Chemistry. <i>Prereq/Coreq: Math 11/equiv. 9h. (3 class, 6 lab) 5u.</i>	Philo 171 <b>Ethics.</b> Problems & theories of moral values. <i>3u.</i>
Math 11 <b>College Algebra.</b> Linear equations; algebraic & graphical solutions of the quadratic equations; exponents & radicals; complex numbers; binomial expansion; determinants; progressions; theory of equations. <i>Prereq: 3u.</i>	Pol Sci 14 <b>Philippine Government &amp; Politics.</b> Development, organization & operation of the Philippine political systems, with emphasis on the present. <i>3u.</i>
Math 14 <b>Plane Trigonometry.</b> Logarithms; graphs of the trigonometric functions; the general triangle; solutions of trigonometric; inverse trigonometric; exponential & logarithmic equations; complex numbers. <i>Prereq: 3u.</i>	Pol Sci 160 <b>Society, Politics, &amp; Government.</b> Society as the matrix of politics; political power & leadership; patterns of decision-making; political modernization & development. <i>Prereq: Pol Sci 11/COL. 3u.</i>
Math 17 <b>Algebra &amp; Trigonometry.</b> Sets & numbers; the algebra of numbers as a logical system; inequalities; absolute values & coordinate systems; functions & graphs; circular, linear, quadratic, & polynomial functions; exponential & logarithmic functions; applications of the circular functions to angles. <i>5u.</i>	Socio 101 <b>General Sociology.</b> Theoretical concerns of the fields of sociology & the various techniques in the study of social realities. <i>3u.</i>
Math 100 <b>Introduction to Calculus.</b> Limits, derivatives; integrals; applications. <i>Prereq: Math 17/COL. 4u.</i>	Zoo 101 <b>Fundamentals of Zoology.</b> Basic aspects & principles of zoology. <i>9h. (3 class, 6 lab) 5u.</i>

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